



For Immediate Release
TSX: TUI.UN

True Energy Trust Announces July 2006 Distribution of \$0.24 Per Unit

Calgary, Alberta, June 14, 2006 – True Energy Trust (the “Trust”), announces that the cash distribution for the month of June will be \$0.24 per unit, to be paid on July 17, 2006 to all unitholders of record as of June 27, 2006. The ex-distribution date for this payment is June 23, 2006.

True Energy Trust is an oil and gas trust. Units of the Trust are traded on the Toronto Stock Exchange under the symbol “TUI.UN”.

For further information, please contact:

Paul R. Baay, President & CEO
True Energy Trust
(403) 750-1272

Joan E. Dunne, Vice President, Finance & CFO
True Energy Trust
(403) 750-1262