



For Immediate Release
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**TRUE ENERGY TRUST ANNOUNCES THE APPOINTMENT OF
TWO NEW BOARD MEMBERS**

Calgary, Alberta, April 30, 2007 – The Board of Directors of True Energy Inc., the Administrator of True Energy Trust ("True" or the "Trust") is pleased to announce the appointment of Doug Baker, B.Comm, FCA and Keith E. Macdonald, CA to the Board of True. Mr. Baker and Mr. Macdonald bring significant financial and industry expertise to the Board and will both be appointed to the Audit Committee. Mr. Baker is the Chair of the CA School of Business and the Vice Chair of the Canadian Institute of Chartered Accountants. Mr. Macdonald is a Director and past Chairman of the Small Explorers and Producers Association of Canada and is currently Chairman of their Securities Compliance Committee.

Mr. Garth Wiggins, current Chair of the Audit Committee, will remain as Chair for a short period of time to ensure an orderly transition to Mr. Baker who will be the new Chair of the Audit Committee. The board of True believes that sound governance practices are essential to the effective performance of the Trust and, to that end, will review the composition of its other committees at the next board meeting to take advantage of the expertise and experience of the new independent board members and to continue to ensure True's corporate governance activities closely align with the "Corporate Governance Guidelines" of the Canadian Securities Administrators outlined in National Policy 58-201.

True is an oil and gas trust powered by a diverse asset base, focused on sustainable growth, both in its people and in its properties. True's approach of providing value to its unitholders with superior returns is based on combining its commitment to fiscally conservative management with a disciplined but opportunistic approach to technically-focused exploration and high quality acquisitions. True supports a culture of positive team building, emphasizing the value of human capital, working to exceed industry expectations, keeping True at the forefront of today's competitive market.

For further information, please contact:

Paul Baay
President and CEO
(403) 750-1272

Edward Brown
Vice President, Finance and CFO
(403) 750-2655

Scott Koyich
Investor Relations
(403) 750-2428

Troy Winsor
Investor Relations
(800) 663-8072